

The Feeling Better Teens Pilot Study

Are you a guy in high school:

- Who is barely juggling everything?
- Who's having trouble in a relationship?
- Who's having a rough time with school?
- Whose guild's got him down?



We have an online program that could help you deal with the stuff that stresses you out!

But we need your help to test it out.
For more information about the Feeling Better Teens Study:

- Call us at 470-7097
- E-mail us at feelingbetterteens@iwk.nshealth.ca

You will be reimbursed for your participation in this study. You must be between the ages of 15 and 18 and have been in high school for at least one year to participate.

